



Special Forces Smartman 2023

By Thailand Bodybuilding and Physique Sports Association

Venue

Robinson Lifestyle Lopburi Province ,Thailand

Date

August 25th – 26th , 2023

Event and Categories

1. Men's Athletic Physique 7 categories

1.1 Height up to 165 Cm. (Only Thai Military)

(Height – 100 = Weight + 1 Kg.)

1.2 Height up to 170 Cm. (Only Thai Military)

(Height – 100 = Weight + 2 Kg.)

1.3 Height up to 175 Cm. (Only Thai Military)

(Height – 100 = Weight + 4 Kg.)

1.4 Height over 175 Cm. (Only Thai Military)

(Height – 100 = Weight + 6 Kg.) / Height over 180 Cm. – 100+ 8 Kg.

1.5 Height up to 170 Cm.

(Height – 100 = Weight + 2 Kg.)

1.6 Height up to 175 Cm.

(Height – 100 = Weight + 4 Kg.)

1.7 Height over 175 Cm.

(Height – 100 = Weight + 6 Kg.) / Height over 180 Cm. – 100+ 8 Kg.

2. Men's Bodybuilding 2 categories

2.1 Weight up to 75 Kg.

2.2 Weight over 75 Kg.

3. Men's Sport Physique 4 categories

3.1 Age below 18 yrs.

3.2 Height up to 170 Cm.

(Height – 100 = Weight)

3.3 Height up to 175 Cm.

(Height – 100 = Weight)

3.4 Height over 175 Cm.

(Height – 100 = Weight + 2) / Height over 180 Cm. – 100+ 4 Kg.

4. Women's Model Physique 3 categories

4.1 Age below 18 yrs. (wear sports bar)

4.2 Height up to 162 Cm.

4.3 Height over 162 Cm.

Requirements

1. Have a good health condition and willing to follow the rules and regulation of the competition.
2. Any Nationalities are accepted.
3. Each competitor can apply only one category.
4. For Bodybuilding and Athletic Physique events, the competitors please bring along a music CD (length up to 60 seconds) for posing. If not, the organizer will use their own music for performing

How to Apply

Complete Application Form with a copy of ID card or a copy of passport with a 2 inches photo.

Send all these documents to.

Google Form Link : <https://forms.gle/DejbLRPksaNUwqTq5>

*** Final Entry date: 18 August, 2023**

Rules and Regulations

All male bodybuilding competitions Using the competition rules of the Bodybuilding and Fitness Sports Association of Thailand and the World Bodybuilding and Fitness Sports Federation (WBPF). Male athletes wear black bodybuilding shorts.

Men's athletic physique bodybuilding category Use the competition rules of Bodybuilding and Fitness Sports Association of Thailand and World Bodybuilding and Fitness Sports Federation (WBPF). Male athletes wear shorts (trunks) in black, unpatterned, about 1 palm (3-4 inches) in size from the lateral edge of the pants, with tight fit and lining, no shoes.

Women's Model Physique The competition rules of the Bodybuilding and Fitness Sports Association of Thailand and the World Bodybuilding and Fitness Sports Federation (WBPF) apply. Female athletes wear free-colored two-piece bikinis. wear high heels

Remarks : A bikini used in the competition of athletes. Must be in accordance with the regulations of the Association only by Biki Here, the front and back bottoms must cover half of the hips. and the bikini top must look firmer Totally concealed if the bikini is not properly worn according to the regulations. will not be allowed to participate in the shoe competition Wear a pump or high heel with a front panel and heel strap. front heel height Not more than 1 cm and the height of the heel of the back of the shoe is not more than 10 cm. Heels are not allowed. building or oval music show round Contestants will choose an outfit that suits them. The style of music used in the competition. The shirt worn must at least look like a tank top.

Men's sports physique competition Competition rules of Bodybuilding and Fitness Sports Association of Thailand and World Bodybuilding and Fitness Sports Federation (WBPF) apply. Qualifiers and Finals Wear free shorts (beach) length above the knee, no shirt, no shoes.

Remarks : The decision of the competition committee is final and unanimous.



Tentative Program

Special Forces Smartman 2023

Agust 25th - 26th, 2023 at Robinson Lifestyle Lopburi Province, Thailand

25th August 2023

- | | |
|---------------|---|
| 09.00 - 10.00 | Registration |
| 10.00 - 10.30 | Rules and Regulations assemble |
| 10.30 - 12.00 | Weight in |
| 12.00 - 13.00 | Lunch |
| 13.00 - 15.00 | Pre judging for the first 7 categories |
| | 1. Men's Athletic Physique (Only Thai Military) up to 165 cm. |
| | 2. Men's Athletic Physique (Only Thai Military) up to 170 cm. |
| | 3. Men's Athletic Physique (Only Thai Military) up to 175 cm. |
| | 4. Men's Athletic Physique (Only Thai Military) over 175 cm. |
| | 5. Men's Athletic Physique up to 170 Cm. |
| | 6. Men's Athletic Physique up to 175 Cm. |
| | 7. Men's Athletic Physique over 175 Cm. |
| 16.00 - 16.30 | Opening Ceremony |
| 16.30 - 20.00 | Final Round for the first 7 categories |
| | 1. Men's Athletic Physique (Only Thai Military) up to 165 cm. |
| | 2. Men's Athletic Physique (Only Thai Military) up to 170 cm. |
| | 3. Men's Athletic Physique (Only Thai Military) up to 175 cm. |
| | 4. Men's Athletic Physique (Only Thai Military) over 175 cm. |
| | 5. Men's Athletic Physique up to 170 Cm. |
| | 6. Men's Athletic Physique up to 175 Cm. |
| | 7. Men's Athletic Physique over 175 Cm. |



26th August 2023

- 09.00 - 10.00 Registration
- 10.00 - 10.30 Rules and Regulations assemble
- 10.30 - 12.00 Weight in
- 12.00 - 13.00 Lunch
- 13.00 - 15.00 Pre judging for the first 9 categories
1. Men's Bodybuilding up to 75 kg.
 2. Men's Bodybuilding over 75 kg.
 3. Men's Sport Physique age below 18 yrs.
 4. Men's Sport Physique up to 170 Cm.
 5. Men's Sport Physique up to 175 Cm.
 6. Men's Sport Physique over 175 Cm.
 7. Women's Model Physique age below 18 yrs. (wear sports bar)
 8. Women's Model Physique up to 162 Cm.
 9. Women's Model Physique over 162 Cm.
- 16.00 - 16.30 Opening Ceremony
- 16.30 - 20.00 Final Round for the first 9 categories
1. Men's Bodybuilding up to 75 kg.
 2. Men's Bodybuilding over 75 kg.
 3. Men's Sport Physique age below 18 yrs.
 4. Men's Sport Physique up to 170 Cm.
 5. Men's Sport Physique up to 175 Cm.
 6. Men's Sport Physique over 175 Cm.
 7. Women's Model Physique age below 18 yrs. (wear sports bar)
 8. Women's Model Physique up to 162 Cm.
 9. Women's Model Physique over 162 Cm.