



Asia Pacific Bodybuilding Championship 2018
by
Thailand Bodybuilding and Physique Sports Association

Venue

Khonkaen Hall 5th Floor , Central Plaza Khonkaen

Date

August 24 - 26, 2018

Event and Categories

1. Women's Model Physique 2 categories
 - 1.1. Height up to 160 CM.
 - 1.2. Height over 160 CM.
2. Men's Sport Physique 3 categories
 - 2.1. Height up to 170 CM. – 100 = Body weight
 - 2.2. Height up to 175 CM. – 100 = Body weight
 - 2.3. Height over 175 CM. – 100 = Body weight
3. Men's Athletic Physique 3 categories
 - 3.1. Height up to 170 CM.-100 + 2 KG = Body weight
 - 3.2. Height up to 175 CM.-100 + 3 KG = Body weight
 - 3.3. Height over 175 CM. – 100 +4 KG = Body weight
4. Women's Model Physique Master Age over 35 years
5. Women's Model Physique Student open category
(Studying in the university Age not over 28 years)
6. Men's Bodybuilding 6 categories
 - 3.4. Weight up to 65 KG
 - 3.5. Weight up to 70 KG
 - 3.6. Weight up to 75 KG
 - 3.7. Weight up to 80 KG
 - 3.8. Weight over 80 KG
 - 3.9. Master age over 45 years
7. Men's student bodybuilding open category
(Studying in the university Age not over 28 years)
8. Men's Fitness Physique Open

Prize and awards

1st Place receive Trophy, Certificate with Baht 8,000 prize
2nd Place receive Trophy, Certificate with Baht 5,000 prize
3rd Place receive Trophy, Certificate with Baht 4,000 prize
4th Place receive Trophy, Certificate with Baht 2,000 prize
5th Place receive Trophy, Certificate with Baht 1,000 prize



**ASIA PACIFIC
BODYBUILDING CHAMPIONSHIPS
2018**

Requirements

1. Have a good health condition and willing to follow the rules and regulation of the competition
2. Any Nationalities are accepted
3. For Bodybuilding and Athletic Physique events, the competitors please bring along a music CD (length up to 60 seconds) for posing. If not, the organizer will use their own music for performing.

How to Apply

1. Complete Application Form with a copy of ID card or a copy of passport with a 2 inches photo. Send all these documents to Thailand Bodybuilding and Physique Sports Association
2. Or registration through the online system

Contact us

Thailand Bodybuilding and Physique Sports Association
Floor 19th, Chalermprakiet Building,
Sports Authority of Thailand
286 Ramkhamhaeng Road,
Huamark, Bangkok,
Bangkok 10240
Thailand
Email: reg.tbpa@gmail.com
Phone: 02-170-9601

*** Final Entry date: August 13, 2018**



Rules and Regulations

1. The competition Rules and Regulation of TBPA will be applied to this Championship
2. Each Participant can attend only one category of the championships

Attires of the competitors

Men's Bodybuilding – TBPA Rules and Regulations (Only Black Bodybuilding Trunk allowed)

Men's Athletic Physique – TBPA Rules and Regulations
(Full Swimming Short not Bodybuilding Trunk allowed)

Women's Model Physique – TBPA Rules and Regulations
(Any colors of Two Piece Bikini with High Heels Shoes)

Men's Sports Physique – TBPA Rules and Regulations
(Any short pants, no shoes)

All the final decision will be made by the Judges Committee; any protest will be not accepted!!!!



**Asia Pacific Bodybuilding Championship 2018
Tentative Program**

24th August 2018

11.00 A.M.

Khonkaen Physique Festival

25th August 2018

09.30 – 10.30 AM.

Registration

10.30 – 11.30 AM.

Rules and Regulations assemble

11.30 AM. - 12.30 PM.

Warming Up

13.00 PM.

Pre judging for the first 9 categories

Men's Bodybuilding up to 65 KG

Men's Bodybuilding up to 70 KG

Men's Bodybuilding up to 75 KG

Men's Bodybuilding up to 80 KG

Men's Bodybuilding over 80 KG

Women's Model Physique 2 categories

Height up to 160 CM.

Height over 160 CM.

Women's Model Physique Student

Women's Model Physique Master

18.00 PM.

Final Round for the first 9 categories

Men's Bodybuilding up to 65 KG

Men's Bodybuilding up to 70 KG

Men's Bodybuilding up to 75 KG

Men's Bodybuilding up to 80 KG

Men's Bodybuilding over 80 KG

Women's Model Physique 2 categories

Height up to 160 CM.

Height over 160 CM.

Women's Model Physique Student

Women's Model Physique Master



ASIA PACIFIC
BODYBUILDING CHAMPIONSHIPS
2018 ESAN CLASSIC

26th August 2018

09.30 – 10.30 AM.

Registration

10.30 – 11.30 AM.

Rules and Regulations assemble

11.30 AM. - 12.30 PM.

Warming Up

13.00 PM.

Pre Judging for the last 9 categories

Men's Sports Physique student open category
(who are studying in the university age not over 28 years)

Men's Bodybuilding Master age over 45 years

Men's Fitness Physique Open

Men's Athletic Physique 3 categories

Height up to 170 CM.-100 + 2 KG = Body W.

Height up to 175 CM.-100 + 3 KG = Body W.

Height over 175 CM. – 100 +4 KG = Body W.

Men's Sport Physique 3 categories

Height up to 170 CM. – 100 = Body weight

Height up to 175 CM. – 100 = Body weight

Height over 175 CM. – 100 = Body weight

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Men's Sport Physique 3 categories

Height up to 170 CM. – 100 = Body weight

Height up to 175 CM. – 100 = Body weight

Height over 175 CM. – 100 = Body weight